



VALE MEDICAL GROUP



Long Clawson Medical Practice
Tel: 01664 822214
Email – lcmp.admin@nhs.net

Stackyard Surgery
Tel: 01476 870900
Email – llricb-llr.stackyard.admin@nhs.net



Need healthcare advice?

Think 'Pharmacy First' makes it easier to get help.

Skip the morning rush to see a GP by visiting your pharmacy if you suspect you have one of the seven minor conditions:

- Sinusitis
- Sore throat
- Ear infection in children
- Infected insect bite
- Impetigo
- Shingles
- Urinary tract infection in women

Find the service at a pharmacy near you:

<https://www.nhs.uk/service-search/pharmacy/find-a-pharmacy>

NHS app

Are you using the NHS app?

Filled with useful information and the ability to access GP services and your health records, now is the ideal time to try it out.

www.nhs.uk/nhs-app/

NHS

Coronavirus (COVID-19)
Get information about coronavirus on NHS UK

NHS

How are you feeling today?
Check symptoms

To access your NHS services
Continue with NHS login

The NHS App

Simple and secure access to a range of healthcare services

Friends and Family

Long Clawson Friends and Family February 2024 Results

Very good	Good	Neither poor nor good	Poor	Very poor	Don't know
73 (80%)	9 (10%)	5 (5%)	1 (1%)	3 (3%)	0 (0%)

Stackyard Friends and Family February 2024 Results

Very good	Good	Neither poor nor good	Poor	Very poor	Don't know
47 (81%)	9 (16%)	0 (0%)	2 (3%)	0 (0%)	0 (0%)

IF YOU WOULD LIKE TO PROVIDE FRIENDS AND FAMILY FEEDBACK, PLEASE FOLLOW THE LINK ON OUR WEBSITE

DNA's

DNA is someone who did not attend their doctor/nurse appointment and did not tell us beforehand. The clinic was ready, the doctor and nurses were waiting, but the patient did not attend. Last month in January there were **70 DNA's** at the Long Clawson Medical Practice and **33 DNA's** at the Stackyard Surgery, totalling up to **103 appointments** which patients did not attend. If you are unable to attend your appointment, please let us now as soon as you can so we can arrange for someone else to take your lot.

Patient Participation Groups (PPGs)

Patient participation groups are generally made up of a group of volunteer patients, the practice manager and one or more of the GPs from the practice. PPG meetings are held on a regular basis to discuss the services on offer, and how improvements can be made from the benefits of patients and the practice.

The VMG PPG currently has over 15 members and have meetings every three months.

If you wish to contact our PPG please email VMGpatients@gmail.com

MEASLES

Measles can cause serious complications, such as pneumonia, meningitis, blindness and seizures. After a 30-fold increase in measles cases in Europe in 2023, increased rates of measles in the UK suggest that we may see a significant increase in the number of cases here too.

This is partly due to the reduced levels of vaccinations against measles.

If you or your child hasn't received two doses of the MMR vaccination, please ask the surgery if you can be vaccinated.

www.bbc.co.uk/news/uk-england-birmingham-68007804

Washing hands

You should make sure you wash your hands thoroughly. It's especially important to wash your hands:

- After using the toilet or changing a nappy
- Before and after handling raw foods like meat and vegetables
- Before eating or handling food
- After blowing your nose, sneezing or coughing
- Before and after treating a cut or wound
- After touching animals, including pets, their food and after cleaning their cages

<https://www.nhs.uk/live-well/best-way-to-wash-your-hands/>

COVID-19

While you are no longer required to isolate if you have COVID-19, you can take simple steps with any illness to help your own recovery and to ensure you minimise the risk of passing it on to someone else