



VALE MEDICAL GROUP



Long Clawson Medical Practice
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 Email – lcmp.admin@nhs.net

Stackyard Surgery
 Tel: 01476 870900
 Email – llricb-llr.stackyard.admin@nhs.net

Staff Update

At the end of March, we are sad to announce that Dr Dorling will be retiring from the practice.

After nearly 18 years working at the Vale Medical Group, we know she will be missed by all the staff and many of our patients.

We would like to thank her for all the work has done over her time with the surgeries and we wish her all the happiness in her retirement.

NHS app

Are you using the NHS app?

Filled with useful information and the ability to access GP services and your health records, now is the ideal time to try it out.

www.nhs.uk/nhs-app/

NHS

The NHS App

Simple and secure access to a range of healthcare services

Friends and Family

Long Clawson Medical Practice			Mar24			
Very good	Good	Neither poor nor good	Poor	Very poor	Don't know	
62 (78%)	7 (9%)	4 (5%)	3 (4%)	3 (4%)	0 (0%)	

Stackyard Surgery			Mar24			
Very good	Good	Neither poor nor good	Poor	Very poor	Don't know	
37 (84%)	2 (5%)	3 (7%)	1 (2%)	1 (2%)	0 (0%)	

IF YOU WOULD LIKE TO PROVIDE FRIENDS AND FAMILY FEEDBACK, PLEASE FOLLOW THE LINK ON OUR WEBSITE

DNA's

DNA is someone who did not attend their doctor/nurse appointment and did not tell us beforehand. The clinic was ready, the doctor and nurses were waiting, but the patient did not attend. Last month in February there were **80 DNA's** at the Long Clawson Medical Practice and **25 DNA's** at the Stackyard Surgery, totalling up to **105 appointments** which patients did not attend. If you are unable to attend your appointment, please let us now as Soon as you can so we can arrange for Someone else to take your lot.

Prostate Cancer Awareness month

1 in 8 men will get prostate cancer. If you're a trans-woman or non-binary, your risk may be different.

Most men with early prostate cancer won't notice any signs or symptoms.

If you notice any of the follow, please make an appointment to speak to a member of the GP surgery.

- Difficulty starting to urinate or emptying your bladder
- A weak flow when you urinate
- A feeling that your bladder hasn't emptied properly
- Dribbling urine after you finish urinating
- Needing to urinate more often than usual
- A sudden need to urinate

www.prostatecanceruk.org/risk-check

March is Ovarian Cancer Awareness Month.

Over 90% of women don't know the main symptoms of ovarian cancer; There are a number of risk factors including age and lifestyle.

The main symptoms include bloating, stomach pain, struggling to eat and weeing more.

www.ovarian.org.uk/ovarian-cancer/am-i-at-risk/

www.ovarian.org.uk/ovarian-cancer/ovarian-cancer-symptoms/

Please attend your reviews

Importance of attending review appointments

If you're invited to have a review for your long-term condition, it's important to attend. During your review appointment, we'll check how you're managing, and you'll get the opportunity to discuss any concerns or new treatment options available.

Prescribing reviews

To make sure you're on the best medicine for your needs, we undertake regular medication reviews. After a medication review, we may suggest changes to your medication to keep up with the latest guidance or advice

ZERO TOLERANCE POLICY

The NHS operate a zero-tolerance policy with regard to violence and abuse and the practice has the right to remove violent patients from the list with immediate effect in order to safeguard practice staff, patients and other persons. Violence in this context includes actual or threatened physical violence or verbal abuse which leads to fear for a person's safety. In this situation we will notify the patient in writing of their removal from the list and record in the patient's medical records the fact of the removal and the circumstances leading to it.